

Web Sites on Local Foods

For the Northeastern Region

1. [The Northeast Regional Food Guide](http://www.nutrition.cornell.edu/foodguide/archive/index.html) encourages consumers in the Northeastern United States to eat local foods. “By eating more of the foods grown and processed closer to home, consumers can help the local economy, support local farmers, and promote a sustainable, local food system, while enjoying a varied and delicious diet.”
<http://www.nutrition.cornell.edu/foodguide/archive/index.html>
2. [Northeast Organic Farming Association](http://www.nofa.org/about.php) is an affiliation of seven state chapters: CT, MA, NH, NJ, NY, RI, and VT. NOFA is a non-profit organization of nearly 4,000 farmers, gardeners, and consumers working to promote healthy food, organic farming practices and a cleaner environment. <http://www.nofa.org/about.php>
 - a. [Connecticut](#)
 - b. [Massachusetts](#)
 - c. [New Hampshire](#)
 - d. [New Jersey](#)
 - e. [New York](#)
 - f. [Rhode Island](#)
 - g. [Vermont](#)
3. [Maryland’s Best](http://www.marylandsbest.net/) Prepared by Maryland Department of Agriculture, this site connects growers and buyers of Maryland farm products. <http://www.marylandsbest.net/>
4. [So. Maryland, So Good Farm Guide](http://www.somarylandsogood.com/smhd/index.asp) promotes local buying to support farming families and help to preserve the agricultural heritage of the area. The guide helps people find local farm products, services and activities from the five Southern Maryland counties. <http://www.somarylandsogood.com/smhd/index.asp>
5. [Maryland Certified Growers Co-operative](http://www.organiccoop.org/). Thirteen Maryland certified organic farms united together to provide a link to healthy, locally grown food within the Baltimore/Washington corridor. <http://www.organiccoop.org/>
6. [Delmarva Shore-to-Store Program](#) is a cooperative partnership sponsored by the Department of Agriculture in Delaware, Maryland, and Virginia. The program provides farmers with retail outlets for direct marketing of locally grown products.
7. [Future Harvest-CASA](http://www.futureharvestcasa.org/who.html) is a network of farmers, agricultural professionals, landowners and consumers living and working in the Chesapeake region. Future Harvest-CASA promotes profitable, environmentally sound and socially acceptable food and farming systems that work to sustain communities. <http://www.futureharvestcasa.org/who.html>
8. [Buy Fresh Buy Local Pennsylvania](http://www.buylocalpa.org/about.html) is the state chapter of a national initiative by FoodRoutes Network to promote locally grown foods. <http://www.buylocalpa.org/about.html>

9. [The Food Trust](http://www.thefoodtrust.org/index.php) Founded in 1992, the Trust works to improve the health of children and adults, promote good nutrition, increase access to nutritious foods, and advocate for better public policy. Community based programs include farmers' market program, the Headhouse farmers' market, and farmers' market alliance.
<http://www.thefoodtrust.org/index.php>
10. [PASA](http://www.pasafarming.org/) Pennsylvania Association for Sustainable Agriculture is a nonprofit organization working to improve the economic and social prosperity of Pennsylvania food and agriculture. <http://www.pasafarming.org/>
11. [The New Farm](http://www.newfarm.org/farmlocator/): Farmer-to-Farmer Know-How from The Rodale Institute helps consumers, restaurateurs, retail stores, and institutional buyers to locate local farmers.
<http://www.newfarm.org/farmlocator/>
12. [White Dog Community Enterprises](http://www.whitedogcafeoundation.org/) help create, strengthen, and connect locally owned businesses and farms that provide essential human needs to Philadelphia region; support minority entrepreneurs in this new economy; and educate the public about the benefits and responsibilities of building a local living economy.
<http://www.whitedogcafeoundation.org/>
13. [Finger Lakes Organic Growers Cooperative](http://www.fingerlakesorganic.com/index.htm) is a member owned wholesaler of certified organic vegetables, herbs, fruits and nuts grown on small family farms in New York State using sustainable practices that maintain soil fertility and biodiversity.
<http://www.fingerlakesorganic.com/index.htm>
14. [Farm Fresh Rhode Island](http://www.farmfreshri.org/about/about.php) facilitates a food system that values the environment, health and quality of life of Rhode Island farmers and eaters. Provides links to other Northeast/New England resources on food. <http://www.farmfreshri.org/about/about.php>
15. [Yale Sustainable Food Project](http://www.yale.edu/sustainablefood/) directs a sustainable dining program at Yale, manages an organic farm on campus, and runs diverse programs that support exploration and academic inquiry related to food and agriculture. <http://www.yale.edu/sustainablefood/>
16. [Community Involved in Sustaining Agriculture \(CISA\)](http://www.buylocal.net/usa/massachusetts/cisa) links farmers and communities to strengthen agriculture and enhance the economy, rural character, environmental quality, and social well-being of Western Massachusetts.
<http://www.buylocal.net/usa/massachusetts/cisa>
17. [Maine Organic Farmers and Gardeners Association](http://www.mofga.org/) The site provides access to local foods, farmers, and community supported agriculture (CSA) programs.
<http://www.mofga.org/>
18. [Eat Maine Foods](#) is the networking site of the Eat Local Foods Coalition of Maine (ELFC), a coalition of groups and people who work to create a local food system that is

economically vibrant, environmentally sustainable, and healthy.

<http://www.eatmainefoods.org/>

19. [Local Harvest Initiative](#) The University of New Hampshire Local Harvest Initiative raises awareness and educates students, staff, and community members about local agricultural landscape and its role in sustaining physical and economical health and well-being, now and in the future. <http://www.sustainableunh.unh.edu/fas/localharvest.html>
20. [Local Foods Plymouth](#) Connecting Farmers, Growers and Local Buyers. This site offers a virtual marketplace where people can purchase food products grown locally in the Plymouth, NH area. <http://lfp.dacres.org/>
21. [The Vermont Fresh Network](#) This network connects farmers, chefs, and consumers in innovative partnerships to strengthen Vermont's agriculture. <http://www.vermontfresh.net/>
22. [Buy Local Buy Vermont](#) This site provides links to buy Vermont food and farm products. Buyers can find a farmers' market, a farm to participate in the harvest all year by buying a share early in the season or they can search for products that the producer ships by mail. <http://www.vermontagriculture.com/buylocal/index.html>

Other Web Sites

1. [Agricultural Marketing Service @ USDA Farmers Markets](#) provides access to a directory of farmers markets throughout the United States. <http://apps.ams.usda.gov/FarmersMarkets/>
2. [American Planning Association Food System Planning](#) The site gives brief information on how planners can help to strengthen local and regional food systems. <http://www.planning.org/divisions/initiatives/foodsystem.htm>
3. [Appalachian Sustainable Agriculture Project](#) (ASAP) is a nonprofit organization which promotes locally owned, environmentally sound, economically viable and health-promoting food systems throughout the mountains of North Carolina and the southern Appalachians. The Project presents a directory of establishments that sell locally grown farm products. <http://www.asapconnections.org/index.html>
4. [Boulder County Going Local](#) is a county-wide campaign to strengthen the local economy and develop community resiliency and self sufficiency. The campaign themes include buy local first, eat local, grow local, local energy, and local currency. <http://www.bouldercountygoinglocal.com/campaign.html>
5. [Chez Panisse Foundation](#) envisions a nationwide public school curriculum at all levels to help students choose healthy food and help them understand the impact of their choices

on their health, the health of their communities, and the planet.

<http://www.chezpanissefoundation.org/>

6. [Community Alliance with Family Farmers \(CAFF\)](#) is building a movement of rural and urban people to foster family-scale agriculture that cares for the land, sustains local economies and promotes social justice. Through a “buy fresh, buy local” campaign CAFF provides information on local food sources up to 50-mile radius of selected counties in California. <http://www.caff.org/index.shtml>
7. [Community Food Enterprise: Local Success in a Global Marketplace](#) is a new initiative jointly funded by the Gates and Kellogg Foundations to produce a practitioner’s guide showcasing case studies of distinct local food enterprises from the United States, Africa, Asia, Latin America and Europe. <http://wallacecenter.org/our-work/current-initiatives/community-food-enterprise-local-success-in-a-global-marketplace>
8. [Eat Local Challenge](#) “EatLocalChallenge.com is a group blog written by authors who are interested in the benefits of eating food grown and produced in their local foodshed.” <http://www.eatlocalchallenge.com/>
9. [Eat Local](#) This site explains why and how individuals should start eating locally produced food. <http://www.eatlocal.net/>
10. [Ecotrust’s Food & Farms Program](#) Ecotrust was founded in 1991 to create a vibrant regional food system where sustainability is the norm. <http://www.ecotrust.org/foodfarms/>
11. [Food & Agricultural Systems](#) The Relocalization Network, an initiative of Post Carbon Institute, provides access at this site to resources on community supported agriculture, food co-operatives, farmers markets, organic and bio-intensive farming methods, urban gardening, food assessments and aspects of permaculture, food preservation, and food security. <http://relocalize.net/resources/food>
12. [Food Circles Networking Project](#) Connects farmers, consumers, and communities. The Project promotes the consumption of locally produced food which will encourage sustainable agriculture and sustain rural communities. <http://www.foodcircles.missouri.edu/>
13. [Food First](#) Founded more than three decades ago, the Institute for Food and Development Policy works to built local democratic food systems through such initiatives as Green Guerillas, The Community Food Security Coalition, The National Family Farm Coalition, Urban Habitat, and Primal Seeds. <http://www.foodfirst.org/programs>
14. [FoodRoutes Network](#) is a national nonprofit organization that provides communications tools, technical support, networking, and information resources to organizations nationwide that are working to rebuild local, community-based food systems. <http://www.foodroutes.org/>

15. [Food Security Learning Center](http://www.worldhungeryear.org/fslc/default.asp) of WHY (World Hunger Year) provides access to detailed information on programs such as community food assessment, community gardens, community supported agriculture, farm to cafeteria, farmers' markets, food policy councils, land use planning, and local and regional food systems.
<http://www.worldhungeryear.org/fslc/default.asp>
16. [Just Local Food Co-op](http://justlocalfood.blogspot.com/2007/11/our-mission.html) is a community supported and worker owned cooperative which serves the Chippewa Valley in Eau Claire, Wisconsin.
<http://justlocalfood.blogspot.com/2007/11/our-mission.html>
17. [Kansas City Food Circle](http://www.kcfoodcircle.org/) is an all-volunteer, grassroots organization created to promote the development of a permanently sustainable local food system. This site gives access to resources to find locally and/or organically produced food around the Kansas City area. <http://www.kcfoodcircle.org/>
18. [Leopold Center for Sustainable Agriculture](http://www.leopold.iastate.edu/) is a research and education center which explores and cultivates alternatives that secure healthier people and landscapes in Iowa and the nation. <http://www.leopold.iastate.edu/>
19. [Local Foods Partnership](http://www.localfoods.umn.edu/) at the University of Minnesota aims to build partnerships with local producers and increase the production, marketing and sales of locally grown foods in the region. <http://www.localfoods.umn.edu/>
20. [LocalHarvest](http://www.localharvest.org/) *real food, real farmers, real community*. This site provides a comprehensive directory for finding farmers' markets, family farms, and other sources of sustainably grown food near home. <http://www.localharvest.org/>
21. [Locavores](http://www.locavores.com/home.php) Founded in 2005 by four women in San Francisco, the group proposes that citizens should try to eat only foods harvested and processed within a 100 mile radius of their residences. This site provides access to resources in San Francisco bay area foodshed. <http://www.locavores.com/home.php>
22. [Localvores.org](http://www.localvores.org/) Founded in 2007, localvores.org is a resource for people who want to eat food grown and farmed near where they live and reduce their impact on the environment. <http://www.localvores.org/>
23. [100 Mile Diet: Local Eating for Global Change](http://100milediet.org/getting-started-guide/) Provides a locus where 100-milers can get information, exchange ideas and develop campaigns to reconnect with their food, their local farmers, the seasons, and the landscape they live in.
<http://100milediet.org/getting-started-guide/>
24. [National Sustainable Agriculture Information Service](http://attra.ncat.org/attra-pub/localfood_dir.php) Local Food Directories provides access to sustainable farms and retailers throughout the U.S. to help buyers find local food sources within their states
http://attra.ncat.org/attra-pub/localfood_dir.php

25. [Natural Resources Defense Council](http://www.nrdc.org/health/foodmiles/?gclid=CL6kpY-JiJECFSG8GgodIzGjGg) Eat Local. This site provides information on which produce is locally available fresh each month in each state. <http://www.nrdc.org/health/foodmiles/?gclid=CL6kpY-JiJECFSG8GgodIzGjGg>
26. [Nebraska Sustainable Agriculture Society](http://www.nebsusag.org/) is a non-profit, grass-roots organization. The society promotes an agricultural system that builds healthy land, people, and communities for present and future generations. <http://www.nebsusag.org/>
27. [Practical Farmers of Iowa](http://www.practicalfarmers.org/about-us.html) is a non-profit educational organization which was founded in 1985 to research, develop and promote profitable, ecologically sound and community enhancing approaches to agriculture. <http://www.practicalfarmers.org/about-us.html>
28. [Slow Food International](http://www.slowfood.com/) Slow Food is a non-profit, eco-gastronomic member-supported organization that was founded in 1989 to counteract fast food and fast life, the disappearance of local food traditions and people's dwindling interest in the food they eat, where it comes from, how it tastes and how our food choices affect the rest of the world. <http://www.slowfood.com/>
29. [Slow Food USA](http://www.slowfoodusa.org/index.html) is a non-profit educational organization which supports and celebrates the food traditions of North America. <http://www.slowfoodusa.org/index.html>
30. [Sustainable Table](http://www.sustainabletable.org/) is launched in 2003 by the nonprofit organization GRACE to promote a shift toward local, small-scale sustainable farming. This website helps consumers to find local, sustainable and organic food near their residences, using their zip codes. <http://www.sustainabletable.org/>
31. [Taste the Local Difference](http://localdifference.org/index.asp) is part of the Michigan Land Use Institute's Entrepreneurial Agriculture Project, which works to grow jobs, save farmland, and build healthier communities with food that's thousands of miles fresher. The site provides a guide to seasonal picking times for local products and a list of farms that sell those products. <http://localdifference.org/index.asp>
32. [The Citizens Network for Michigan Food Democracy](http://www.mifooddemocracy.org/) This web site provides citizens with the basic ideas and information needed to help achieve a more food-secure, self-reliant, healthy, and democratic Michigan. It is an outgrowth of [The Albion Statement - Healthy People, Places, and Communities: A 2025 Vision for Michigan Food and Farming](#). <http://www.mifooddemocracy.org/>
33. [The Wallace Center](http://wallacecenter.org/) supports entrepreneurs and communities as they build a new, 21st century food system that is healthier for people, the environment, and the economy. This site provides access to *recruiters guide* and *farmers hand guide*. The first guide gives information on how to develop a successful farmers' market and get more participation from local farmers. The second aims to help farmers make their farms profitable by selling at farmers markets. <http://wallacecenter.org/>